Nebraska Department of Insurance Roadshow 2024



TODAY'S PRESENTATION

- Notes from the NDOI and Insurance Industry
- ACA/Health Insurance Enrollment Information
- External Review YOU NEED TO KNOW THIS
- Health Insurance Hot Topics
- Improper Marketing in Health Insurance
- Medicare Advice from the Expert
- Advice from your Insurance Experts



DEPARTMENT OF INSURANCE FUNCTIONS

 General supervision, control, and regulation of insurance in Nebraska § 44-101.01



INSURANCE IS IMPORTANT IN NEBRASKA

- Nebraska's Domestic Insurance Market:
 - 1 in Surplus (\$339,866,464,516)
 - 3 in Assets (\$873,367,729,891)
 - 5 in Premiums (\$53,922,736,110)
- In Nebraska, we have 2nd highest insurance job concentration for any state and one of the most renowned actuarial program.





Insurance Agents Updates

- 2024 Producer Requirements
 - CMS recently issued a FAQ the provides guidance for producers who place business in the marketplace
 - Documentation is critical and mandatory regarding consent of the potential insured
 - Examples include written signature, audio recording, electronic agreement
 - CMS has produced a model consent form
 - The FAQ can be found here: FAQ Regarding Enhanced Direct Enrollment Audit Submissions for 2024



Snapshot of 2023 Insurance Fraud in Nebraska

- Types of Insurance Fraud
 - Property/Casualty Ins. = 788 cases and \$8,830,265.38 reported losses
 - Life/Health Ins. = 153 cases and \$5,100,225.66 reported losses
 - Agent or Internal Fraud = 33 cases and \$29,436.55 reported losses
 - In total = 980 cases = \$13,963,927.59
- Counties
 - Cases were found in 57 out of 93 Nebraska Counties
 - 759 Cases (77%) were in Douglas, Lancaster, and Sarpy Counties
- The aftermath
 - Prosecution = 20 cases
 - Convictions = 34 suspects
 - Restitution = 17 cases and \$106,920.55



ACA AND OTHER HEALTH INSURANCE INFORMATION



NEBRASKA HEALTH INSURANCE MARKET DISTRIBUTION 2016 to 2021

	2016	2017	2018	2019	2021
Direct-purchase (individual)	8.6%	7.9%	7.3%	6.9%	6.7%
Employment-based	55.0%	55.6%	55.2%	56.8%	55.3%
Medicaid/CHIP	12.8%	12.5%	13.3%	12.6%	10.1%
Medicare	12.9%	13.4%	14.0%	14.2%	10.1%
Military health care	1.7%	2.0%	1.8%	1.6%	1.8%
Uninsured	8.9%	8.6%	8.5%	7.9%	7.0%

2021 is the most recent year available for state-specific market percentages in this table and there is no data available for 2020.

Of the remaining uninsured in 2021, 43% were eligible for Medicaid, 33% were eligible for premium subsidies to enroll in the ACA individual market, and 10% were ineligible for ACA individual market premium assistance due to available employer coverage.

Percentage of employment-based plan enrollees that are in a self-insured plan in 2021:

- 73% overall
- 20% of the small group market (less than 50 employees)
- 81% of the large group market (50 or more employees)

NEBRASKA

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ACA Individual Market

ACA Individual Market				
Coverage for 2024				
	Mem	Membership		
Carrier	2023	2024		
Nebraska Total Care/Ambetter	40,762	63,895		
BlueCross BlueShield	17,924	17,534		
Medica	37,512	35,573		
Oscar	565	891		
Total	96,763	117,893		

^{*}Current enrollment through March 1, 2024



ACA Individual Market

ACA Individual Market

Coverage for 2024

	Membership		
Carrier	June 2023	Projected 2024	
Nebraska Total Care/Ambetter	40,762	40,450	
BlueCross BlueShield	17,924	22,000	
Medica	37,512	37,515	
Oscar	565	1,388	
Total	96,763	101,353	

^{*}Current enrollment through December 23, 2023, is 112,983



SHOPPING FOR HEALTH INSURANCE ACA AND OTHER OPTIONS

- Identify your current health care needs and keep these in mind as you compare health insurance policies.
 - Doctors
 - Services
 - Prescription drugs
 - Excluded services or waiting periods for pre-existing conditions (if non-ACA plan)
- Compare the costs, including:
 - Premiums
 - Copays
 - Deductibles
 - Maximum out-of-pocket
 - Annual or lifetime limits (if non-ACA plan)



Health Insurance Marketplace Subsidies

- Advance Premium Tax Credit (APTC) Works to reduce Policyholder's monthly payments for insurance coverage.
- Cost Sharing Reduction (CSR) Designed to minimize Policyholder's out-of-pocket costs when they go to the doctor or have a hospital stay.
 - Only available for people who earn between 138%-250% FPL purchasing a Silver Plan
 - Copays, Deductibles, Coinsurance, Out of Pocket Max



Advance Premium Tax Credit (APTC)

Cost of 2nd Lowest Silver Plan

- Based on Rating Area, Family Size and Ages of family members
- All ACA Plan premium rates are submitted to and approved by the NE DOI

Monthly Contribution

- Based on Household Income, Family Size and Ages of family members
- Household Income: https://www.healthcare.gov/income-calculator/

APTC

- APTC = Cost of 2nd Lowest Silver Plan Monthly Contribution
- This amount remains the same, regardless of Plan chosen by Policyholder



Advance Premium Tax Credit (APTC)

APTC Subsidy Calculator

- Link: https://www.kff.org/interactive/subsidy-calculator/
 - Note: This link currently uses 2023 Premiums and will be updated with 2024 Premiums in late October 2023.

Enter Information about your Household

- Household Income
- Family Size
- Ages of Adults and Children enrolling in Marketplace
- Click SUBMIT

– Results:

- "Estimated Financial help" this is your APTC
- "Your Cost for a Silver Plan" this is the Premium IF you choose the 2nd Lowest Silver Plan.
- "The most you have to pay for a Silver Plan"

 this is the % applied to your income to calculate Monthly Contribution
- "Without financial help, your plan would cost" this is the Premium for the 2nd Lowest Silver Plan



Monthly Premium Example

- John is Age 45, Single, lives in Douglas County and makes \$36,450 / year
- John's <u>2nd Lowest Silver Premium</u> = \$774.82
- John's Monthly Contribution = \$121.50 (or \$36,450 * 2% / 12)
- John's <u>APTC</u> = \$653.32 (or \$774.82 \$121.50
- John's APTC remains FIXED, and he can choose any Plan

Selected Plan	Plan Premium	APTC	Final Premium
Plan A	\$500	\$653.32	\$0
Plan B	\$653.32	\$653.32	\$0
Plan C	\$1000	\$653.32	\$397.02



"FPL Cut-Off" 2024 Benchmark

- The highest income where an individual would still receive an APTC
- Anyone earning more would not receive assistance

	Age 25 Income Cut-Off	Age 45 Income Cut-Off	Age 64 Income Cut-Off
Rating Area 1	\$60,830.12	\$87,488.47	\$181,760.47
Rating Area 2	\$60,460.24	\$86,956.24	\$180,656.47
Rating Area 3	\$65,068.24	\$93,584.47	\$194,426.82
Rating Area 4	\$76,054.59	\$109,386.35	\$227,254.59



AMERICAN RESCUE PLAN ACT AND INFLATION REDUCTION ACT CHANGES TO APTC

- Beginning April 1, 2021 and continuing for all of 2022, the American Rescue Plan Act (ARPA) gave people increased APTC.
 - As a result of the federal government paying more of the premium and the insured paying less, over a third of the people with individual market coverage paid \$10 or less per month for most of 2021 and all of 2022.
 - People earning more than 400% FPL no longer faced the "subsidy cliff."
 - Instead, anyone who would have to pay more than 8.5% of their income for health insurance could qualify for subsidies, no matter what percentage of FPL.
- In 2022, the Inflation Reduction Act extended the ARPA changes to APTC for another three years.
 - For all of 2023, 2024, and 2025, the new APTC numbers will be in effect.



Medicaid



Medicaid Unwinding

- In December 2022, federal legislation was enacted that decouples the continuous coverage requirement from the end of the COVID-19 PHE.
- On March 1, 2023, Nebraska Medicaid began the "unwind" of the continuous coverage requirement to redetermine eligibility.
- Member FAQ, Fact Sheet, Rack Cards and Flyers, which can be found on the DHHS website at: https://dhhs.ne.gov/Pages/Medicaid-MOE.aspx
- Medicaid members can update their information by going online at: https://ddhs.ne.gov/Pages/Medicaid-MOE.aspx
- Medicaid members can update or check their information by going online at www.ACCESSNebraska.ne.gov, email dhhs.andicenter@nebraska.gov, fax at (402) 742-2351 or call toll-free at (855) 632-7633



External Review – YOU NEED TO KNOW THIS EXISTS



Patients Have Notice of Their Rights

- Coverage documents carefully spell out the process for internal appeals and external appeals.
- EOBs also include appeal information.
- If you have a denied claim by law, the claim denials must provide:
 - The reason for the denial
 - The process to appeal
 - Expedited review as an option if conditions are met (for both internal appeal and external review)
- If the insurer continues to deny the claim after an internal appeal, notice is required. By law, that notice must include:
 - The right to request more explanation
 - The right to an independent review
 - The right to expedited review if conditions are met
 - The deadline to request an external review
 - External review request forms and where to submit them
- Public information is also available on the NDOI website



External Review Basics

- External review is only available after an internal appeal to give the insurer a chance to correct a mistake or change its mind.
- An Independent Review Organization is a third-party medical review resource which provides objective, unbiased medical determinations that support effective decision making, based only on medical evidence by a specialist in the area of the denied service or claim.
- You can appoint your doctor as an authorized representative to help advocate about details of the medical service or treatment
- Denial reasons include:
 - The requested service or treatment is "not medically necessary"
 - The requested service or treatment is an "experimental" or "investigative" treatment
- This process is paid for by your Insurer



Balanced Program

- External Review Statistics
 - Since 2014: 786 cases have been overturned
 - In the past 5 years:
 - Number of external review remain consistent
 - Nebraska averages about 250 cases every year
 - (Eligible) Cases overturned: 47%
 - Ineligible Cases: 23%



More Information Online and External Review Portal

- Nebraska Department of Insurance web page for health insurance appeals and external reviews: https://doi.Nebraska.gov/appealing-denied-healthclaims
 - Includes explanations of each step of an appeal and resources
- Secure portal for online external reviews is linked on this page
- Portal features:
 - All users have verified credentials to keep information safe
 - External review paperwork is all completed online
 - Healthcare providers can complete paperwork and contribute additional information through the portal
 - Insurers provide information on the internal appeal in the portal
 - Independent Review Organizations issue their decisions through the portal to all participants' email

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Health Insurance: Hot Topics



SURPRISE BALANCE BILLS

- Balance bills sometimes occur.
 - 1 in 5 emergency claims.
 - 1 in 6 in-network hospitalizations.
- Insured patients are left to pay hundreds or thousands of dollars for care at an in-network facility because an out-of-network provider was involved in the episode of care.
- In the past two years, state and federal laws have been passed to address surprise balance bills.



NO SURPRISES ACT

- Federal No Surprises Act (signed in the closing days of 2020)
 - https://www.cms.gov/nosurprises
 - Allows state balance billing laws to remain in place but fills in gaps where the federal law goes further.
 - Emergency is defined to last longer into a hospital stay past stabilization.
 - Reimbursement amounts are negotiated using informal dispute resolution (IDR), each party submits a best final offer, the IDR determines which is most reasonable.
 - The plan's median in-network rate can be considered, but the billed charge and Medicare rates cannot be considered.
 - Non-emergency services provided by an out-of-network provider at an in-network facility are covered, but a patient can waive protection and agree to balance billing if they wish to use a particular provider.
 - Enforcement will be a joint effort between the state and federal governments.

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NO SURPRISES ACT – WHAT PATIENTS NEED TO KNOW

- The law applies to individual and group major medical insurance, and also applies to self-insured employer plans.
- For emergency services, surprise bills are banned, even if you go to an out-of-network facility.
 - For emergency services, all you will be charged is your plan's innetwork cost sharing (copay, coinsurance, deductible) even if you go to an out-of-network facility.
- For non-emergency services at an in-network facility, surprise bills are banned for certain additional services.
 - Examples: anesthesiology, radiology, and labs.
- Healthcare providers are required to give you an easy-to-understand notice explaining the applicable billing protections, who to contact if you have concerns that a provider or facility has violated the protections, and that patient consent is required to waive billing protections.
- Non-emergency services at an out-of-network facility can still be balance billed.

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BROKER COMMISSION DISCLOSURES AND THE NO SURPRISES ACT

- The No Surprises Act requires disclosure of the amount of compensation paid to brokers.
 - Includes short-term limited-duration insurance, ACA major medical, and self-insured employer health plans.
 - Requires disclosure of direct and indirect compensation.
 - Applies to brokers earning over \$1,000 annually.
- Plans must report information on broker compensation annually.
- "Good faith compliance" based on the proposed rule until a final rule is issued.



IMPROPER MARKETING OF HEALTH INSURANCE



Agent Switching on Healthcare.Gov

- There are nationwide reports of "agent switching" where a producer has
 placed business on the marketplace and their client is suddenly, and usually
 unbeknownst to the original producer, "switched" to a new producer.
- In some instances, the client does not know this occurred, potentially causing issues with original plan selection and deductibles, cost-sharing and premiums.
- In other instances, the client may have went on the internet to "shop" and received numerous calls followed by potentially "high pressure tactics" to buy a new plan.
- The NAIC is addressing this issue with the federal government.



Telemarketers and Internet Advertising

- Internet misrepresentations usually start with a customer searching for health insurance online.
 - Pop-up internet ads or posts on social media are two common methods used to reach people.
- Once the customer contact has been established, internet chats or phone calls are where the misrepresentations get made.
- Sometimes just the fact that a person searched for ACA individual market plans and this website came up as a result can be misleading.
 - Example: "healthcare.com" instead of "healthcare.gov"
- Lead generators may collect information about people looking to purchase health insurance, then sell those contacts to agents.
- BE CAUTIOUS WITH YOUR PERSONAL INFORMATION



Examples





Martin,

View updated Health Insurance plans available in NE.

Compare Trumpcare plans from the top insurance companies. Huge savings on healthcare costs may be available.

<u>View Plans</u> →



Examples (more)





MEDICARE



What is Medicare?

- Federal Health Insurance created in 1965
- Must meet one to qualify:
 - 65 or Over
 - Qualifying Disability
 - End-Stage Renal Disease (ESRD)

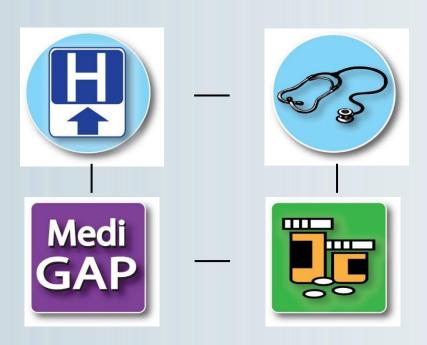




What is Medicare?

Original Medicare

Medicare Advantage







Part A – Hospital Insurance

- Pays for:
 - Inpatient Hospital Care
 - Skilled Nursing Facility Care
 - Home Healthcare
 - Hospice
- Premium free for most





Part B - Medical Insurance

- Pays for medically necessary outpatient services:
 - Medical Expenses
 - Lab and Diagnostic Testing
 - Outpatient Hospital Treatment
 - Durable Medical Equipment
- \$174.70 monthly standard premium
 - Higher wage earners pay more
 - IRMAA
 - Imposed on income greater than:
 - \$1,715/monthly for an individual
 - \$2,320/monthly for a couple





Part D – Drug Insurance

- Brand Name & Generic Prescriptions
 - 21 plans in Nebraska in 2024
- Monthly Premium
 - \$0.50 \$123.50
 - IRMAA on higher wage earners
- Deductible
 - \$0 \$545
- Copay/Coinsurance
 - \$0 **-** \$50





Medicare Supplements

- Optional extra insurance
 - Purchased from private insurance company
 - Standard plans
 - Guaranteed renewable
- Pays for Part A & Part B
 - Deductible
 - Copays
 - Coinsurance





Medicare Advantage (Part C)

- Alternative to Original Medicare
 - Purchased from private insurance companies
 - Must be enrolled in both Part A & B
- Blends Part A, Part B, and usually Part D
 - Must offer equal/better coverage than Original Medicare
 - May offer extra benefits
 - Dental
 - Vision
 - Hearing
- Availability varies by county
 - Cherry county does not have this option





Medicare Advantage (Part C)

- HMO (Health Maintenance Organization)
 - In-network providers can offer lower copay/coinsurance and out-of-pocket maximums
 - Out-of-network providers charge you 100% of the cost of the service
- PPO (Preferred Provider Organization)
 - In-network providers can offer lower copay/coinsurance and out-of-pocket maximums
 - Out-of-network providers charge higher copay/coinsurance and out-ofpocket maximums
- PFFS (Private Fee-For-Service)
 - No network. Providers may decide to accept the insurance
- Cost Plans
 - In network providers can offer lower copay/coinsurance and out-of-pocket maximums
 - Out-of-network providers, coverage is provided by Original Medicare, Part A and/or Part B



Enrollment

- Initial Enrollment Period
 - At age 65 or
 - After 24-month qualifying period if eligible due to disability (SSDI)
- Special Enrollment Period
 - When losing coverage from active employment
- Annual Open Enrollment (Part D or Medicare Advantage)
 - October 15 December 7
- Medicare Advantage Open Enrollment
 - January 1 March 31 (Only available to people enrolled in an Advantage plan.)



Part D – Extra Help

- LIS (Low Income Subsidy) helps pay Part D cost
 - Single
 - Income < \$1,903/month
 - Assets* < \$17,720
 - Married
 - Income < \$2,575/month
 - Assets* < \$34,360
 - Apply at <u>www.ssa.gov</u> or at Nebraska SHIP

*Assets do not include car or home



Medicare Savings Program

- Lower income earners can receive assistance paying for Part B premiums
 - Single
 - Income < \$1,715/monthly
 - *Assets < \$9,430
 - Married
 - Income < \$2,320/monthly
 - *Assets < \$14,130
- Apply at ACCESS Nebraska
 - **1-855-632-7633**
 - <u>www.ACCESSNebraska.ne.gov</u>
 - * Assets do not include car or home



Implementation Timeline of the Prescription Drug Provisions in the Inflation Reduction Act

2027 2024 2026 2028 2023 2025 2029 Adds \$2,000 Requires drug Eliminates 5% Implements negotiated prices for certain high-cost drugs: out-of-pocket companies to coinsurance 10 Medicare 15 Medicare 15 Medicare 20 Medicare cap in Part D pay rebates if for Part D Part B and Part D drugs Part B and and other drug Part D drugs drug prices rise catastrophic benefit changes Part D drugs Part D drugs faster than coverage inflation Limits insulin Expands Further delays copays to eligibility implementation \$35/month in for Part D of the Trump Part D Low-Income Administration's Subsidy full drug rebate rule Reduces costs benefits up to to 2032 and improves 150% FPL coverage for ••••• 2024-2030: Limits Medicare Part D premium growth to no more than 6% per year ••••• adult vaccines in Medicare Part D.

Medicaid & CHIP

Protecting Yourself & Medicare

- Medicare Fraud and Abuse:
 - Costs Medicare \$60 billion annually
 - Providers billing for services not received
 - Providers ordering unnecessary tests/procedures
 - Compromised Medicare Information
 - Potential results include:
 - Tax dollars lost
 - Medicare fund at risk
 - Less money for benefits
 - Higher Medicare premiums/costs
 - What about errors?
 - Human error exists
 - Most medical/health professionals are honest
 - Only review and investigations will determine truth NEBRA



Fraud Activity in Nebraska

- New/Plastic Medicare Card Scams
- Genetic Testing Scams
 - Cancer
 - Pharmacogenetic
 - Heart Disease
- COVID-19 Testing Scams
- Back Braces and Other DME Supplies Fraud Calls
- Fraudulent Calls and Text Messages from "CVS Pharmacy"



What Can You Do?

Protect



- Don't share Social Security number/Medicare number
- Shred letters with personal identifying information
- Know that Medicare does not call or visit

Detect



- Review Medicare Summary Notice (MSN)
- Review Explanation of Benefits (EOB)
- Keep records/Healthcare Journal

Report



- Ask questions
- Call Nebraska SHIP/SMP 1-800-234-7119



ADVICE FROM THE EXPERTS



Most Common Complaints

- Life and Health Insurance:
 - Claim denied or delayed
 - Premiums or billing
 - Misrepresentations
 - Coverage questions
 - Life:
 - Cash value of policy, surrendering policies
 - Health:
 - Out-of-network providers
- Property and Casualty Insurance:
 - Auto:
 - Liability and comparative negligence
 - Total loss settlement
 - Homeowners:
 - Roof damage vs. wear and tear
 - Siding matching
 - Ground water vs. sewer backup



Advice From the Experts Health Edition

- Contact the Department of Insurance sooner rather than later with insurance issues.
- Consult with an agent when searching for ACA individual major medical insurance.
 - Know what companies are selling ACA-compliant health plans in Nebraska before browsing online for coverage.
- Health care providers can leave or join a network during the plan year, so verify the provider is in-network with each visit.
- Health insurance premiums should be paid in full, not partial payments.
 - This will avoid policy termination for failure to fully pay.
 - Understand that the grace period will not last forever, it is important to keep current on payments.
- Ask questions and know what you are buying.
 - Lower premiums for health insurance typically mean the plan is not as comprehensive as an ACA major medical policy.

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Advice From the Experts Auto Edition

- If your vehicle is totaled, the company does not owe you for a new car.
 - It will pay you the actual cash value (ACV) of your vehicle.
 - The ACV is what your vehicle was worth before it was totaled, based on third-party data.
- Nebraska law allows the use of aftermarket parts to repair vehicles.
 - The parts must be of equal kind, fit, and quality.
 - If you want the original equipment manufacturer (OEM) parts, you will pay the difference in cost.
- Nebraska law does not require an insurance company to provide you with a rental car if you are a third-party claimant in an accident.
 - The at-fault driver's insurer may provide a rental car to you as a courtesy if that insurer accepts liability for the accident.
 - The only time rental coverage is given is if you have purchased rental car coverage under your own policy.

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More Advice From the Experts

- Don't sign anything before you read it and understand it.
- A roofer/siding salesperson may not be your best guide to Nebraska insurance law.
 - Nebraska is not a matching state for siding and/or roofing. The company owes for direct physical damage caused by a covered peril.
 - The regulation says reasonable match in the area, and the NDOI does not determine reasonable match.
- Check your life insurance beneficiary designations.
- The Department of Insurance:
 - Does not mediate claims settlements.
 - Will investigate a company's claim handling to ensure a thorough claims investigation was done in accordance with applicable laws and regulations.



Life Insurance Policy Locator

- The NAIC Life Policy Locator can help find life insurance policies and annuity contracts of a deceased family member or close relationship.
- The Life Insurance Policy Locator has matched more than \$1 billion in life insurance benefits and annuities to beneficiaries.
- When a request is received, the NAIC will:
 - Ask participating companies to search their records to determine whether they have a life insurance policy or annuity contract in the name of the deceased you entered.
 - Ask participating companies that have policy information to respond to you, as the requestor, if you are the designated beneficiary or are authorized to receive information.
- Online at https://eapps.naic.org/life-policy-locator/#/welcome



CONTACT INFORMATION

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- Department of Insurance web site: https://doi.nebraska.gov/
- SHIP Hotline 800-234-7119
- NDOI Office Number 402-471-2201
- Investigation Complaint Division 402-471-0888 or (in-state only) 877-564-7323
- Online complaint form: https://doi.nebraska.gov/consumer/consumerassistance
- External review information: https://doi.nebraska.gov/appealing-denied-health-claim

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